

BIO 155 Nutrition

COURSE DESCRIPTION:

Prerequisites: ENG 090 and RED 090, or DRE 098 or ENG 002; and MAT 070 or DMA 010, 020, 030, 040, 050 or MAT-003 Tier 2 or satisfactory score on placement test.

This course covers the biochemistry of foods and nutrients with consideration of the physiological effects of specialized diets for specific biological needs. Topics include cultural, religious, and economic factors that influence a person's acceptance of food, as well as nutrient requirements of the various life stages. Upon completion, students should be able to identify the functions and sources of nutrients, the mechanisms of digestion, and the nutritional requirements of all age groups. *This course has been approved to satisfy the Comprehensive Articulation Agreement for transferability as a premajor and/or elective course requirement.*
Course Hours per Week: Class, 3. Semester Hours Credit, 3.

- V. Lipids
 - A. Types/Structure of Lipids
 - B.